

PSHE –Spring 1 Module 2: Unit 4 – Keeping Safe Year 4

Prior learning: Children have learnt about what to do in an emergency situation. What physical boundaries are.

At the end of this topic, pupils will know: about physical, emotional and sexual abuse. Children will also learn about the effects of drugs, alcohol and tobacco and how to make good choices concerning these.

Lesson	Learning objectives
Lesson 1: Safe in my body	<ul style="list-style-type: none"> To judge well what kind of physical contact is acceptable or unacceptable and how to respond About different kinds of abuse, including 'abuse of private parts' That there are different people we can trust for help, especially those who care for us, including our teachers and parish priest
Lesson 2: Drugs, alcohol and tobacco	<ul style="list-style-type: none"> Understand the effect that a range of substances including drugs, alcohol and tobacco can have on the body. Know that our bodies are created by God, so we should take care of them and be careful about what we consume
Lesson 3: First aid heroes	<ul style="list-style-type: none"> In an emergency, it is important to remain calm. Quick reactions in an emergency can save a life. Children can help in an emergency using their First Aid knowledge.

Key Vocabulary

Word	Definition
abuse	Any action by another person that causes significant harm to a child.
Physical abuse	When a child is deliberately hurt, causing injuries such as bruises, broken bones or cuts.
Emotional abuse	Treating a child in a way that affects their emotional wellbeing.
Harmful	Taking substances such as drugs, alcohol and tobacco can be dangerous
First Aid	The immediate assistance given to someone in a medical emergency.
First Aider	The person or people who give immediate assistance in a medical emergency.



As children of God we are loved, we are called, and we are inspired.

