

# PSHE –Autumn 1 Module 2: Unit 4 – Keeping Safe Year 6

Prior learning: Children have learnt about physical, emotional and sexual abuse. Children will also learn about the effects of drugs, alcohol and tobacco and how to make good choices concerning these.

At the end of this topic, pupils will know: How to spot each type of abuse and who they can go to for help. How to make sensible decisions, even in pressurised situations, regarding alcohol, tobacco and drugs. Children will also be taught essential first aid.

Lesson	Learning objectives
Lesson 1: Types of abuse	<ul style="list-style-type: none"> <li>To judge well what kind of physical contact is acceptable or unacceptable and how to respond</li> <li>That abuse violates the rights of children</li> <li>That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests</li> </ul>
Lesson 2: Impacted lifestyles	<ul style="list-style-type: none"> <li>About the effect that a range of substances including drugs, tobacco and alcohol can have on the body.</li> <li>How to make good choices about substances that would have an impact on their health.</li> <li>That our bodies are created by God, so we should take care of them and be careful about what we consume.</li> </ul>
Lesson 3: Making good choices	<ul style="list-style-type: none"> <li>Consider how, as they get older, they may come under pressure when it comes to drugs, alcohol and tobacco</li> <li>Learn that they are entitled to say “no” for all sorts of reasons, but not least in order to protect their God-given bodies</li> </ul>
Lesson 4: Giving assistance.	<ul style="list-style-type: none"> <li>The recovery position can be used when a person is unconscious but breathing</li> <li>DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance</li> </ul>

Key Vocabulary	
Word	Definition
Neglect	When someone fails to provide for a child’s needs, when they have enough money to do so.
Physical abuse	Deliberately hurting a child, causing injuries such as bruises, broken bones, burns or cuts.
Emotional abuse	When someone treats a child in a way that affects their emotional well-being.
Sexual abuse	Inappropriate physical touch, usually around a child’s private areas.



As children of God we are loved, we are called, and we are inspired.

