

# PSHE – Module 2: Unit 3 – Life online Year 2

**Prior learning:** Children have learnt about what the internet is and how we use it.

At the end of this topic, pupils will know: how to feel safe on the inside when using the internet.  
How to recognise safe and unsafe situations online.

Lesson	Learning objectives
Lesson 1: Real life online	<ul style="list-style-type: none"> <li>• That the internet connects us to others and helps us in lots of ways.</li> <li>• Our feelings matter – both online and offline.</li> <li>• That Jesus cares about our feelings and gives us peace</li> </ul>
Lesson 2: Rules to help us	<ul style="list-style-type: none"> <li>• Understand safe and unsafe situations, including online.</li> <li>• Ask for adult help with anything that worries them or makes them feel unsafe</li> </ul>

## Key Vocabulary

Word	Definition
internet	A network that connects computers all around the world.
network	interconnected computing devices that can exchange data and share resources with each other.
online	connected to, served by, or available through a system and especially a computer or telecommunications system
offline	A device that is not connected to the Internet or internal network.
delete	To remove something
Social media	forms of electronic communication through which users create online communities to share information, ideas, personal messages, and other content
email	a message that is sent and received using computers.
block	obstruct someone from seeing or doing something
appropriate	suitable or acceptable for a particular situation.
report	To tell someone about something you think is wrong

As children of God we are loved, we are called, and we are inspired.



# PSHE – Module 2: Unit 4 – Keeping safe. Year 2

Prior learning: Children know of some practical ways of staying safe inside and out.  
Children know to talk to ‘special people’ if they are worried.

At the end of this topic, pupils will know: What to do in an emergency situation.  
What physical boundaries are.

Lesson	Learning objectives
Lesson 1: Good and bad secrets	<ul style="list-style-type: none"> <li>The difference between ‘good’ and ‘bad’ secrets and that they can and should be open with ‘special people’ they trust if anything troubles them</li> <li>How to resist pressure when feeling unsafe</li> </ul>
Lesson 2: Physical contact	<ul style="list-style-type: none"> <li>To know that they are entitled to bodily privacy.</li> <li>That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest.</li> </ul>
Lesson 3: Harmful substances	<ul style="list-style-type: none"> <li>Medicines are drugs, but not all drugs are good for us.</li> <li>Alcohol and tobacco are harmful substances.</li> <li>Our bodies are created by God, so we should take care of them and be careful about what we consume.</li> </ul>
Lesson 4: Can you help me? (Part 1)	<ul style="list-style-type: none"> <li>About what is and isn’t an emergency</li> <li>That in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade</li> </ul>
Lesson 5: Can you help me? (Part 2)	<ul style="list-style-type: none"> <li>To call 999 in an emergency and ask for ambulance, police and/or fire brigade</li> <li>That if they require medical help but it is not an emergency, basic First Aid should be used instead of calling 999</li> <li>Some basic principles of First Aid</li> </ul>

Key Vocabulary	
Word	Definition
safe	protected from or not exposed to danger or risk
unsafe	dangerous to oneself or other people
temporary	for a short time; not permanent.
trust	a belief in the strength or truth of a person or thing.
threat	a warning of trouble or harm
private	personal and not to be shared
appropriate	right for the purpose; proper
inappropriate	not right or proper for the time or place
permission	consent from an authority to do something
substance	that of which something is made
emergency	a serious situation or sudden crisis that calls for fast action

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