

# PSHE – Module 2: Unit 2 – Personal relationships. Year 1

**Prior learning: Children have learnt** how to put names to different family members and friends.

Children have learnt how to resolve conflict and how to ask for forgiveness.

At the end of this topic, pupils will know: The special people in their lives that they can trust.  
The importance of saying sorry and asking for forgiveness.

Lesson	Learning objectives
Lesson 1: Special people	<ul style="list-style-type: none"> <li>To identify 'special people' (their parents, carers, friends, parish priest) and what makes them special</li> <li>The importance of nuclear and wider family</li> <li>The importance of being close to and trusting special people and telling them if something is troubling them</li> </ul>
Lesson 2: Treat others well	<ul style="list-style-type: none"> <li>How their behaviour affects other people, and that there is appropriate and inappropriate behaviour</li> <li>The characteristics of positive and negative relationships</li> <li>About different types of teasing, and that all bullying is wrong and unacceptable</li> </ul>
Lesson 3: ...and say sorry	<ul style="list-style-type: none"> <li>To recognise when they have been unkind and say sorry</li> <li>To recognise when people are being unkind to them and others and how to respond</li> <li>That when we are unkind to others, we hurt God also and should say sorry to Him as well</li> <li>That we should forgive like Jesus forgives</li> </ul>

Key Vocabulary	
Word	Definition
Special	Better, greater or different to what is usual
Nuclear Family	Parents and their children
Feelings	An emotional state or reaction
Behaviours	A way in which people act
Reflect	To think deeply or carefully about something
Friendship	The state of being friends

As children of God we are loved, we are called, and we are inspired.

