



St Peter's Catholic Primary School
Personal, Social and Health Education (PSHE) and
Citizenship Policy

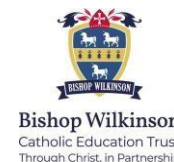


St Peter's Catholic Primary School

PSHE Policy

Date reviewed: November 2024

Date of next review: November 2025



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'As Children of God, we are loved, we are called, and we are inspired'

We will strive towards this vision by:

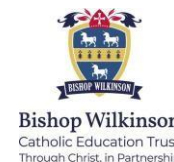
- Offering a safe and welcoming environment for all;
- Leading the children to a deeper knowledge and understanding of the Catholic faith and fostering the growth of that faith in every member of the school community;
- Enveloping the school in prayer, making worship and liturgy inspiring and meaningful for all;
- Encouraging parents, with the parish community, to fulfil their responsibilities towards the spiritual development of their children especially in regard to the weekly celebration of Mass;
- Ensuring that all children are provided with a challenging and broad curriculum and are offered a wide variety of experiences;
- Expecting the highest standards of achievement and behaviour from all;
- Working in partnership with families to ensure each child reaches their potential.

1 Aims and objectives

1.1 Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society who respect British values. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society which is aware of the rule of English law.

1.2 The aims of personal, social and health education and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;



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- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.

2 Teaching and learning style

2.1 We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves.

We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community and so to enable students to develop respect for public institutions and services in England.

3 PSHE and citizenship curriculum planning

3.1 We teach PSHE and citizenship through the 'Life to the Full' scheme of work.

We also teach a considerable amount of the PSHE and citizenship objectives through our Religious Education lessons, in particular during Other Faiths' weeks when tolerance and harmony between different cultural traditions are taught.

3.3 We also develop PSHE and citizenship through activities and whole-school events, e.g. during weekly Pastoral sessions in Houses; the school council representatives from each class meet regularly to discuss school matters; the Mini Vinnies meet to 'turn concern into action'. We offer residential visits to Robin Wood or the Youth Village/Holy Island in Key Stage 2, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and cooperative skills.

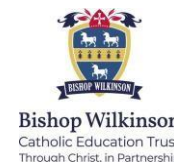
4 Foundation Stage

4.1 As well as following the 'Life to the Full' sessions, we teach PSHE and citizenship in reception class as an integral part of the topic work covered during the year. Reception class follows the Practice Guidance of the Early Years Foundation Stage and relates the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal,



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emotional and social development as set out in the ELGs. We also support citizenship in the Foundation Stage through the Prime Area of Personal, social and emotional development and in the Specific Area of Understanding the World.

5 Teaching PSHE and citizenship to children with special educational needs

5.1 At our school we teach PSHE and citizenship to all children, whatever their ability. PSHE and citizenship forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PSHE and citizenship teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to different needs. Assessment against the National Curriculum allows us to consider each child's attainment and progress against expected levels.

5.2 When progress falls significantly outside the expected range, the child may have special educational needs. Our assessment process looks at a range of factors – classroom organisation, teaching materials, teaching style, differentiation – so that we can take some additional or different action to enable the child to learn more effectively. This ensures that our teaching is matched to the child's needs.

5.3 Intervention may lead to the creation of an individual plan for children with special educational needs. The plan may include, as appropriate, specific targets relating to PSHE and citizenship.

5.4 We enable pupils to have access to the full range of activities involved in learning PSHE and citizenship.

Where children are to participate in activities outside the classroom, for example, a charity fund-raising event at a local church hall, we carry out a risk assessment prior to the activity, to ensure that the activity is safe and appropriate for all pupils.

6 Assessment and recording

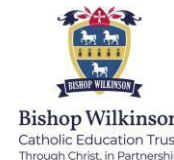
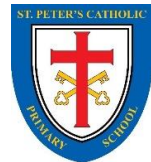
6.1 Teachers assess the children's work in PSHE and citizenship through the use of a 'pre' and 'post' task. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

6.2 We do not set formal tests or examinations in PSHE and citizenship.

7 Resources

7.1 We keep some resources for PSHE and citizenship (including those for teaching sensitive issues) in the resources room and are accessed by all members of staff.

7.2 The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in



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the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the Head Teacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement.

Drugs, alcohol and tobacco education.

Drugs, alcohol and tobacco education is taught throughout the 'Life to the Full' scheme of work.

In KS1 Children learn about rules, risks and ways of keeping safe. They learn about the role of drugs as medicines and that all household products, including medicines, can be harmful if not used properly.

Key Stage 2 Children learn about the effects on the human body of alcohol, tobacco, caffeine and other drugs and how these relate to their personal health. They also learn about which commonly available substances and drugs are legal and illegal, their effects and risks. They also learn about the benefits of a healthy lifestyle and develop an understanding that pressure to behave in an unacceptable way can come from a variety of sources and basic techniques to resist this pressure.

Managing substance related incidents:

Management of drugs at school:

This school does not permit the possession, use or supply of any illegal or legal drug (unless authorized legal drug), which takes place within the school boundaries. This covers; on or near the school premises, within the school day and during term time, on school visits, school journeys and at school social events.

These rules apply equally to all those working in and visiting the school.

Management of authorized legal drugs

This school has agreed that there are circumstances, when some legal drugs are authorized for use in school. These are prescribed medicines, hazardous chemicals (and solvents).

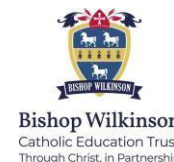
Medicines

In most cases, staff do not administer medicines at school to pupils unless it would be detrimental to health or attendance not to administer and only with parental written consent. Schools are allowed to keep a salbutamol inhaler for use in emergencies. It is only for children who have written parental consent, who have been diagnosed with asthma and prescribed an inhaler or who have been prescribed an inhaler as reliever medication.



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Asthma inhalers, held in school with written parental consent, are kept secure with safe and easy access for school staff authorised to administer.

Children's personal inhalers are taken on all off-site visits and held by the accompanying school staff. Staff are aware of any serious medical conditions which affect pupils in their class.

Hazardous chemicals and volatile substances (solvents)

Arrangements for the secure and safe storage of chemicals e.g. for cleaning are set out in the Health and Safety Policy.

In the event of a child or adult whom is required to use medical sharps to address the management of their health condition (e.g. insulin or gluco blood testing) a medical sharps disposal bin will be provided. Advice will be sought from the School Nurse regarding the management of the sharps and sharps bin on the school site.

Alcohol

No alcohol will be consumed on school premises during the course of a normal school day. Any alcohol found in a pupil's possession should be confiscated and returned to parents.

Updated: October 2024

Review Date: November 2025